

Dates to Remember:

Indiana USATF Meeting September 19 12:00 pm

NCAA Championships

Indoor

Division I Indoor T&F: March 11-12, Birmingham, Alabama

Division II Indoor T&F: March 11-12, Pittsburgh, Kansas

Division III Indoor T&F: March 11-12, Winston-Salem, North Carolina

Outdoor

Division I Outdoor T&F East Prelim: May 26-28, Bloomington, Indiana

Division I Outdoor T&F West Prelim: May 26-28, Fayetteville, Arkansas

Division I Outdoor T&F Finals: June 8-11, Eugene, Oregon

Division II Outdoor T&F: May 26-28, Allendale, Michigan

Division III Outdoor T&F: May 26-28, Geneva, Ohio

NAIA Championships

Indoor March 3-5, Brookings, SD

Outdoor May 25-27, Gulf Shores, AL

NCAA Application window is August 2 to September 30.

Links:

[Indiana Officials](#)

[USATF](#)

[National Officials Committee](#)

[USATF Indiana](#)

[NCAA Track & Cross Country](#)

[Best Practices](#)

[USATF Rule Book](#)

[NCAA Rule Book](#)

[Paralympic Rule Book](#)

[TFO Training Associates](#)

[Junior Officials Program](#)

The USATF Indiana Semi-Annual Meeting will be held September 19, starting at noon, at the Institute for Fitness and Sport on the IUPUI Campus. Immediately following will be a Board of Directors Meeting. Topics to include Board Seats, Dates and Locations for Youth and Master meets including Cross Country and Track and Field. USATF Annual Meeting amongst items.

Mike's Laps- Whew...what a hectic season it turned out to be. Many of you have shared that you worked 5-7 meets each week. The pandemic certainly did effect our schedules this past season. You now have some breathing time to enjoy before the Cross Country Season starts. We are working on the date for our Association JO and our Masters Open meet. This usually occurs in the first three weeks of November. Leave some room on your calendar.

This would also be a great time to add your meets that you worked this season to your resume. Some of you are thinking, or in the process, of upgrading your Official Level Status. Please see the last few pages of this newsletter for the guidelines for upgrading to the next level.

This would also be a good time for you to check your **CONNECT Profile** to make sure you know when your **Background Checks, SafeSport Training and Memberships** are due to be renewed. USATF should be notifying you of these three items when they are close to the expiration date. I will also try to maintain a "running tab" of these items so that I can also notify you of any needed renewal.

Please check out the date and application times that Dick Boyd has included in this newsletter that you may want to apply for to work this next season...The NCAA applications have been posted so if you are interested...please apply. The **NCAA D-I East Prelims** will be hosted at **IU** in Bloomington on **May 26-28, 2022**. It would be nice to have a good representation from Indiana on hand...Hint! Hint! Thanks, Mike

From Mike Armstrong, NOC Chair: **Upcoming Applications:** Remember that in September, applications will become available for a variety of officiating opportunities. Be watching for information through this newsletter, emails, and social media posts. The applications will be online and available on the NOC Dashboard (<http://noc.mach2k.net>). The applications will include:

- USATF Senior Indoor and Outdoor Championships (National and Master level officials)
- USATF U20 Outdoor Championships (National and Master level officials)
- World Athletics World Championships (National and Master level officials)
- Young Officials Grants (for officials' 40 and younger)
- Implement Inspector Grants
- Technical Manager Grants

Applications for other championships meets (that are open to all officials) will become available through the Fall and Spring.

Visit the Indiana Track & Field & Cross Country Hall of Fame Museum. Terre Haute. One Great Experience. Visit their website at by clicking **HOF**.

OFFICIAL NEWS



PARA REVIEW IS UP: If you would like to learn more about becoming certified to officiate Paralympic Track and Field events following the following link: Click [HERE](#) Currently there are 128 USATF officials certified.

Certification Cards: The second round of cards have now been sent out. Be sure to look over your card and if you find something that is incorrect be sure to contact Mike. They are coming in waves so if you don't have yours be watching our mail.

Officials Gear store is temporarily closed. There has not been a time line set for reopening. We will keep you posted. Hopefully it will reopen soon with limited items.

Track and Field Trivia

1. **The 100 meters dash is the first event on day one of the decathlon. On which part of the track is it run?**
2. **At the World Athletic Championships in Tokyo 1991, Mike Powell (USA) set a new world record with a jump of 8.95 meters. In 1950, this record was held by Jesse Owens (USA). How far did Jesse Owens jump?**
3. **What is the name of the event in which you swing a ball on a chain around and then hurl it out into the field?**

Answers found on the last page.

This year the Region 7 meet was called the Illinois Open Meet. It was held in Joliet, IL. There were 9 officials from Indiana that were a huge part of the meet the success of the meet. Attending were Bob Flott, Kim McDonald, Dave Brumm, Fred Kem, Randy Stafford, Stu Goble, Dick Boyd, Brittany Wright and Paul Sargent.

USATF Rule of the Month Rules book can be found [here](#)

Rule 185.5(a) While taking off, breaks the vertical plane of the take-off line with any part of his or her foot or shoe, whether running up without jumping or in the act of jumping;

This rule has been added to comply with a similar rule in World Athletics.

NFHS Rule of the Month: 4-3-1b5: Clarifies that garments with logos completely around the waistband on uniform bottoms are legal.

Rationale: The change would minimize issues related to logo/trademark reference on uniform bottoms. In the sport of track and field uniform bottoms are increasingly being purchased by the athlete and not school issued. It is becoming more difficult to purchase some garments without the logo completely around the waistband. Allowing larger logos around the waistband has no bearing or impact on the race or event.

European Athletics Newsletter: Our colleagues in European Athletics have published a newsletter for their officials. You can see the second edition [here](#). It provides helpful information that supplements the valuable content you find each month in our NOC Newsletter.



Meet Mike Trego. Mike is a long standing member of USATF Indiana. He has served three terms on the Board of Directors, which he is still serving. Mike, amongst many of his roles is the Certification Chair for Indiana.

Mike serves on several committees for USATF. He is the co-chair for the Junior Officials Program. He also serves on the NOC Rules Subcommittee and the Training Committee. Mike was one of the original members of the USATF Officials Evaluations Committee.

Mike's resume of meets worked is outstanding. He has worked many NCAA Championships and really enjoys working the D2's. Among notable conference meet includes the ACC, Big Ten, MAC, Big 8, Cross Roads Conference, among others. For USATF Mike has been selected for the USATF Outdoor Championships, U20's, Master, Youth, and Master Throw meets. Mike has worked two Paralympic Trials, as one of his many accomplishments. His most notable selection so far was to have worked the 2020 US Olympic Trials at the University of Oregon in Eugene.

Mike lives with his wife of 39 years, Diane, in Celina, Ohio.

Apply Now to Work An NCAA Championship

The application process for officials wanting to work one or more of the eight 2022 NCAA Indoor and Outdoor Track and Field Divisional Championships (Division I, II, III) is open from August 2 through September 30, 2021.

[Go here](#) to begin the application process.

Officials selected for the championship meets will be announced in mid to late December.

If you have questions or concerns related to NCAA Track and Field officiating, contact Milan Donley, NCAA National Assignor - Track and Field, 785-331-9911, mdonley@ku.edu.

NCAA Rule of the Month. New rule updates and rule books are now available for download and/or purchase. [Go Here](#)

Rule 8.4.c- c. In attempting a jump, takes off outside of the runway whether beyond or before the takeoff board;

This clarifies jumping in the horizontals outside of the runway is a foul.

High School Rule Changes Announced

The National Federation of State High School Associations (NFHS) recently announced rule changes for high school track and field and cross country for the 2022 season.

Changes include two rule revisions involving the competitor's uniform, along with procedural changes in several field events designed to reduce the risk of injury. [Go here](#) read all the changes.

Help out USATF Indiana by signing up for Amazon Smiles, if you already have not signed up. The instructions can be found on the following pages.

OFFICIAL NEWS



Amazon Smiles is more than just a logo. It is a program developed through the Amazon foundation that donates thousands of dollars annually to charities and nonprofits. Do you shop at Amazon? If you do you could help USATF Indiana financially by joining Amazon Smiles and choosing USATF Track and Field Inc. as the nonprofit for Amazon Smile donation. They will donate \$5.00 for every accumulated \$100 spent. There are hundreds of worthy nonprofits to choose from. If you are an Amazon shopper choose a nonprofit to help financially and consider USATF Track and Field Inc. which is USATF Indiana.

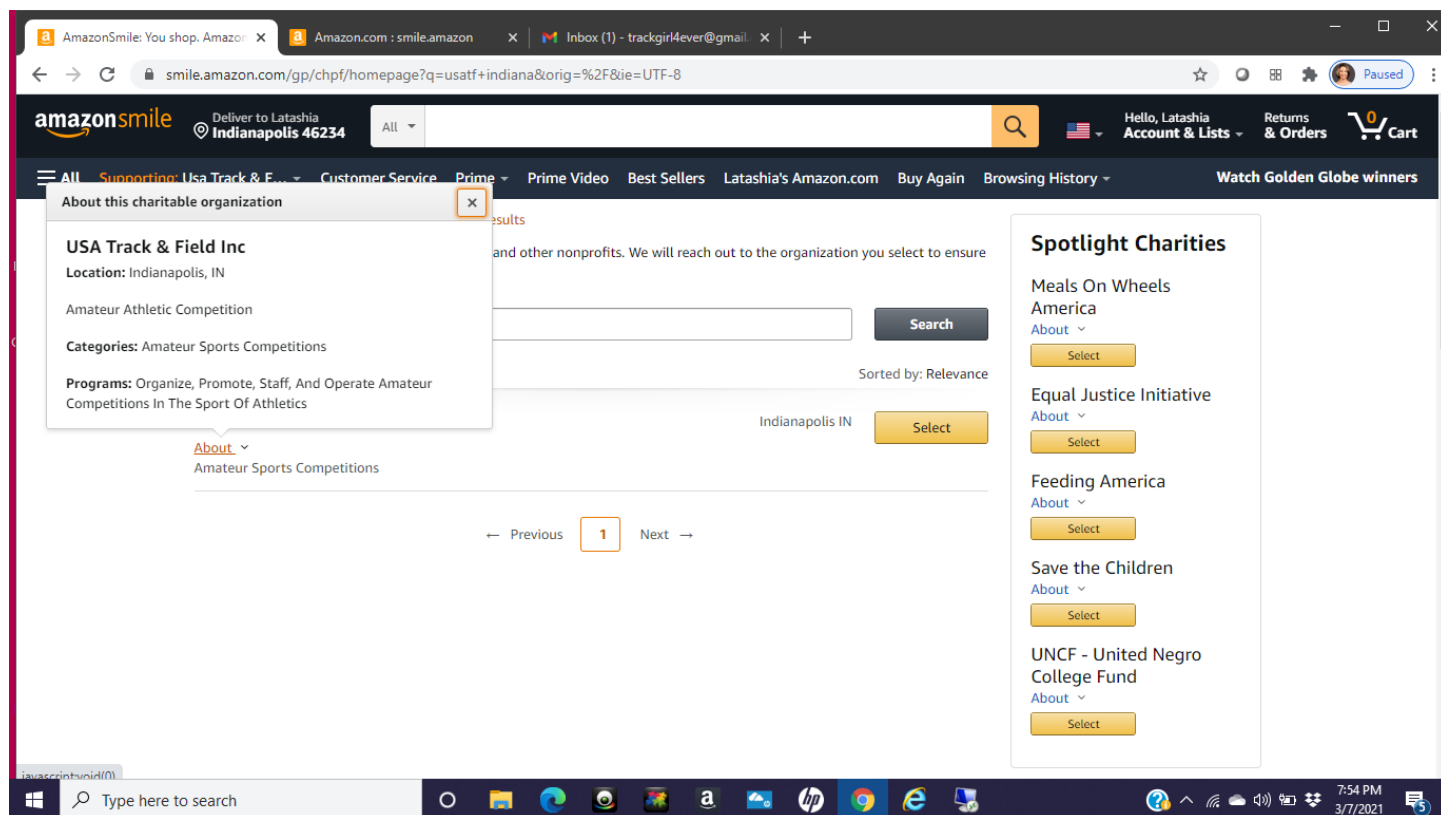
The screenshot shows a web browser window with the Amazon Smiles homepage. The address bar shows the URL: `smile.amazon.com/gp/chpf/homepage?q=usاتف+indiana&orig=%2F&ie=UTF-8`. The page header includes the Amazon Smiles logo, delivery location (Latastia Indianapolis 46234), a search bar, and user account information (Hello, Latastia). Below the header, there's a navigation bar with links like 'All', 'Supporting: Usa Track & F...', 'Customer Service', 'Prime', 'Prime Video', 'Best Sellers', 'Latastia's Amazon.com', 'Buy Again', 'Browsing History', and 'Watch Golden Globe winners'.

The main content area shows search results for 'usاتف indiana'. It includes a search bar with the text 'usاتف indiana' and a 'Search' button. Below the search bar, it says 'Showing 1-1 of 1 Results' and 'Sorted by: Relevance'. The search result is for 'USA Track & Field Inc' with the location 'Indianapolis IN' and a 'Select' button. There's also an 'About' link for this result.

On the right side, there's a 'Spotlight Charities' section with a list of charities: 'Meals On Wheels America', 'Equal Justice Initiative', 'Feeding America', 'Save the Children', and 'UNCF - United Negro College Fund'. Each charity has an 'About' link and a 'Select' button.

The bottom of the screenshot shows a Windows taskbar with various application icons and a system clock indicating 7:50 PM on 3/7/2021.

OFFICIAL NEWS



After signing up shop Smiles.Amazon.com This will need to be done on each device that you use to shop Amazon. It is device specific. If you have any questions, contact any member of the official's committee.

Upgrade Levels for USATF Indiana Officials 7/27/2020

- 1. All Officials need the three-step NOC certification** (Background Check/SafeSport/Membership) and Officials Dues Paid.
- 2. Apprentice to Association**
 - a. Have been an Apprentice Level for 2 years
 - b. Minimum number of meets to upgrade
 - i. Combination of minimum of 8 meets which are from the following: USATF Indiana, USATF, NCAA, NAIA in the 2 years. Official Coordinators for Colleges and Universities see Addendum #1 below. Coaches for Colleges and Universities see Addendum #2 below.
 - ii. Minimum of 4 Association meets in 2 years selected from any combination of the following: Indiana Association Master Indoor or Outdoor, Indiana Association Youth Outdoor Field and Track Championships, Indiana Association Youth Cross Country Championship, Indiana Association Master Cross Country Championship (if ran separately), Region VII Youth Outdoor Field and Track Championship or Region VII Youth Cross Country Championships either in Indiana or Illinois.
 - c. Work as many different areas as possible to find an area you like to specialize in
 - d. Attend a minimum of 1 meeting from the following: Rules review, USATF Indiana Clinic and Awards, USATF Indiana Association Meeting or USATF Annual meeting per year
 - e. Submit positive written recommendations from 1 Master or 1 National Official
 - f. Have passed the Rules Review during the Olympiad with 90% or More
- 3. Association to National or to Maintain National Level**
 - a. Have been an Association Level for 2 years or if maintaining a current National Level Officials Certification
 - b. Minimum number of meets to upgrade
 - i. Combination of minimum of 10 USATF Indiana, USATF, NCAA, NAIA over the 4 year Olympiad. Official Coordinators for Colleges and Universities see Addendum #1 below. Coaches for Colleges and Universities see Addendum #2 below.
 - ii. Minimum of 2 meets must be outside of the Indiana Association over the Olympiad
 - iii. Minimum of 8 Association meets in 4 years selected from any combination of the following: Indiana Association Master Indoor or Outdoor, Indiana Association Youth Outdoor Field and Track Championships, Indiana Association Youth Cross Country Championship, Indiana Association Master Cross Country Championship (if ran separately), Region VII Youth Outdoor Field and Track Championship or Region VII Youth Cross Country Championships either in Indiana or Illinois.
 - c. Attend a minimum of 1 meeting from the following: Rules review, USATF Indiana Clinic and Awards, Indiana Association Meeting or USATF Annual Meeting per year
 - d. Submit 2 positive recommendations from either National or Master Level Officials plus names of 3-5 officials who have worked with you in meets that are on your resume submitted to the Certification Chair.

OFFICIAL NEWS



- e. Have passed the Rules Review during the Olympiad with 90% or More

4. National to Master

- a. Have been National Level for 2 years
- b. Minimum number of meets to upgrade
 - i. Combination of 12 USATF Indiana, USATF, NCAA, NAIA during the Olympiad. Official Coordinator's for Colleges and Universities see Addendum #1 below. Coaches for Colleges and Universities see Addendum #2 below.
 - ii. Minimum of 2 National Championship or NCAA, NAIA Conference Meets outside of Indiana during the Olympiad
 - iii. Minimum of 10 Association meets in 4 years selected from any combination of the following: Indiana Association Master Indoor or Outdoor, Indiana Association Youth Outdoor Field and Track Championships, Indiana Association Youth Cross Country Championship, Indiana Association Master Cross Country Championship (if ran separately), Region VII Youth Outdoor Field and Track Championship or Region VII Youth Cross Country Championships either in Indiana or Illinois or a USATF Championship.
- c. Attend a minimum of 1 meeting from the following: Rules review, USATF Indiana Clinic and Awards, Indiana Association Meeting or USATF Annual Meeting per year
- d. Have served as a head in your defined specialty in either the Indiana Association Meets, Region VII Meets, National Meet or NCAA/NAIA Conference Meet
- e. Pass the Rules Review during the Olympiad with 90% or more
- f. Submit 3 positive recommendations from Master Level Officials of which at least 1 is from outside the Indiana Association. Also submit the names of 5 officials that you have worked with in meets that are on your resume.

5. Maintaining Master Level

- a. Work minimum of 1 National Championship per Olympiad or 4 NCAA or NAIA Conference Meets outside of Indiana
- b. Attend a minimum of 1 meeting from the following: Rules review, USATF Indiana Clinic and Awards, Indiana Association Meeting or USATF Annual Meeting per year
- c. Minimum number of meets to upgrade
 - i. Combination of, minimum of 12 USATF Indiana, USATF, NCAA, NAIA during the Olympiad. Officials Coordinator for Colleges and Universities see Addendum #1 below Coaches for Colleges and Universities see Addendum #2 below.
 - ii. Minimum of 2 National Championship or NCAA, NAIA Conference Meets outside of Indiana during the Olympiad
 - iii. Minimum of 10 Association meets in 4 years selected from any combination of the following: Indiana Association Master Indoor or Outdoor, Indiana Association Youth Outdoor Field and Track Championships, Indiana Association Youth Cross Country Championship, Indiana Association Master Cross Country Championship (if ran separately), Region VII Youth Outdoor Field and Track Championship or Region VII Youth Cross Country Championships either in Indiana or Illinois.
- d. Passed the Rules Review during the Olympiad with 90% or better

- 6. The Officials Committee reserves the right to approve an officials request for an upgrade under extenuating circumstances.**

OFFICIAL NEWS



USATFIN Advancement Checklist –March 17, 2020 2021-2024 Olympiad

Check off	#	Criteria	Date Completed
	1.	All Officials need the three-step certification. Background check/SafeSport/Membership	
	a.	Background Check	
	b.	SafeSport	
	c.	USATF MEMBERSHIP Paid	
	d.	USATF INDIANA OFFICIAL DUES Paid	
	2	Apprentice to Association Advancement	
	a.	Have been Apprentice Level for 2 years	
	b.	Minimum number of meets to upgrade.	
	i.	Combination of minimum of 8 USATF Indiana, USATF, NCAA, NAIA. Officials Coordinator for Colleges and Universities see Addendum #1 below. College and Universities coaches see Addendum #2.	
	ii.	Minimum of 4 Association meet in 2 years selected from Indiana Master Indoor or Outdoor, Youth Association, Cross Country or Region VII meet.	
	c.	Work as many different areas as possible to find an area you like to specialize in	
	d.	Attend minimum 1 Rules review selected from USATF Indiana Clinic and Awards, or area Rules Review Clinic per year.	
	e.	Have passed the Rules Review during the Olympiad with 90% or More.	
	f.	Submit positive written recommendations from 1 Master or 1 National Official	
	3.	Association to National Advancement or Maintaining an already achieved National Level	
	a.	Have been an Association Level for 2 years or if maintaining a current National Level Officials Certification	
	b.	Minimum number of meets to upgrade	
	i.	Combination of minimum of 10 USATF Indiana, USATF, NCAA, NAIA. Officials Coordinator for Colleges and Universities see Addendum #1 below. College and Universities coaches see Addendum #2	
	ii.	Minimum of 2 meets must be outside the state of Indiana.	
	iii.	Minimum of 8 Association meets from Indiana Master Indoor or Outdoor, Youth Association, Cross Country or Region VII meet..	
	c.	Attend a minimum of 1 Rules review selected from USATF Indiana Clinic and Awards, or area Rules Review Clinic per year.	
	d.	Submit 2 positive recommendations from either National or Master Level Officials plus names of 3-5 officials who have worked with you in meets that are on your resume submitted to the Certification Chair.	
	e.	Have passed the Rules Review during the Olympiad with 90% or More.	

OFFICIAL NEWS



	4.	National to Master Advancement	
	a.	Have been National Level for 2 years	
	b.	Minimum number of meets to upgrade	
	i.	Combination of, minimum of 12 USATF Indiana, USATF, NCAA, NAIA.. Officials Coordinator for Colleges and Universities see addendum #1 below. College and Universities coaches see Addendum #2.	
	ii.	Minimum of 10 Association meets from Indiana Master Indoor or Outdoor, Youth Association, Cross Country or Region VII meet.	
	c.	Attend a minimum of 1 Rules review selected from USATF Indiana Clinic and Awards, or area Rules Review Clinic per year.	
	d.	Have served as a head in your defined specialty in either the Indiana Association Meets, Region VII Meets, National Meet or NCAA/NAIA Conference Meet	
	e.	Have passed the Rules Review during the Olympiad with 90% or More.	
	f.	Submit 3 positive recommendations from Master Level Officials of which at least 1 is from outside the Indiana Association. Also submit the names of 5 officials that you have worked with in meets that are on your resume.	
	5.	Maintaining Master level	
	a.	Work minimum of 1 National Championship per Olympiad or 4 NCAA or NAIA Conference Meets outside of Indiana	
	b.	Attend a minimum of 1 meeting from the following: Rules review, USATF Indiana Clinic and Awards, Indiana Association Meeting or USATF Annual Meeting per year	
	c.	Minimum number of meets to work	
	i.	Combination of, minimum of 12 USATF Indiana, USATF, NCAA, NAIA during the Olympiad. Officials Coordinator for Colleges and Universities see Addendum #1 below. Coaches for Colleges and Universities see Addendum #2 below.	
	ii.	Minimum of 2 National Championship or NCAA, NAIA Conference Meets outside of Indiana during the Olympiad	
	iii.	Minimum of 10 Association meets in 4 years selected from any combination of the following: Indiana Association Master Indoor or Outdoor, Indiana Association Youth Outdoor Field and Track Championships, Indiana Association Youth Cross Country Championship, Indiana Association Master Cross Country Championship (if ran separately), Region VII Youth Outdoor Field and Track Championship or Region VII Youth Cross Country Championships either in Indiana or Illinois.	

OFFICIAL NEWS



	d.	Have passed the Rules Review during the Olympiad with 90% or More	
	6.	The Officials Committee reserves the right to approve an officials request for an upgrade under extenuating circumstances.	

Addendum #1 – 7/2020 – Officials Coordinator for Colleges and Universities, or USATF meets, can supplement any meet they have been Appointed to be the Officials Coordinator, and also worked at that same meet, one of the meets n sections.

Addendum #2 – 7/2020 – Coaches that are certified officials, due to the nature of the meet schedules and coaching responsibilities, will find it hard to comply with the minimum number of meets to establish an upgrade resume. However, by officiating the required number of USATF meets you will be able to maintain your current level. To move from apprentice to association level however, would be at the discretion of the Certification Committee.

Notes:

- Taking on more responsibility at Association Meets to develop leadership capabilities on the Association, Local, Regional, National, & International levels is a responsibility that we take serious. The USATF Indiana Officials Committee wants to avail the opportunity to all of its officials to work the different leadership roles to gain valuable experience and knowledge. This includes being event heads, referees, etc. at any meet if needed. A Master level official needs to be able to take control of a crew and manage a cohesive unit of officials that present a safe, positive, rule oriented and successful event and environment to the athletes in attendance.
- At the arrival of the new Olympiad (2021-2024) failure by any Indiana Association Official to have not met the criteria, as stated above, to maintain their current level will be demoted to the previous level of Official's status for the Olympiad (2025-2028). Ex. (Master to National, National to Association, Association to Apprentice, Apprentice to Apprentice.)
- NO Advancements to the next higher official level will be considered until all criteria listed above has been achieved.
- All upgrades and the maintaining of level credentials are reviewed for merit case-by-case by the Certification Committee, who has the authority to approve an officials request for an upgrade under extenuating circumstances.

Appeals – Section 16 USAFT Certification Handbook

In accordance with the NOC's Operating Procedures, any official denied an upgrade under the requirements contained with this document may appeal to the National Vice-Chair of Certification. To begin the appeals process, the individual shall contact the Vice-Chair in writing expressing their desire to appeal and then will be provided instructions sand documentation requirements by the Vice-Chair.

Additionally, an Association Certification Chair may appeal to the National Vice-Chair of Certification in limited and exceptional circumstances for a waiver of any requirement contained herein as they apply to a current or prospective certified official. The authority to waive any requirements in this document shall remain with the National Vice-Chair of Certification, the NOC Chair and/or the NOC Executive Committee.

OFFICIAL NEWS



Trivia Answers:

1. **The Home Straight:** On any 400 meter track, the 100 meter dash is always held on the home straight. To ensure that all competitors run in a completely straight line for this short and thrilling event, the beginning of the race starts on lines extended out past the normal 400 meter standard track. Incredibly so, while women still had to beat the ten second barrier for this event at the beginning of 2015, that barrier has now been broken by men.
2. **8.13 meters** : Jesse Owen's 8.13 meter leap in 1935 was a mighty effort that would stand until 1960, and even then it would only be bested by 8 centimeters. One of the most amazing moments in sport happened in 1968 when Bob Beamon (USA) smashed the record at the time of 8.35 meters with a jaw dropping leap of 8.90 meters. The comment I will always remember is from one of his fellow competitors who said, "This guy just went into orbit. How are we supposed to compete with that?".
3. **The Hammer Throw:** The name "hammer throw" derived from earlier competitions in which a hammer like implement was thrown. The event uses a ball weighing approximately 7kgs for men and just 4kgs for women.