
Dates to Remember

USATF Indiana
Master Indoor TBD
USATF Indiana
Youth
Championships
TBD
USATF Indiana
Master
Championships
TBD
Region 7
Championships
TBD

NCAA Championships Indoor

Division I Indoor
T&F: March 11-12,
Birmingham,
Alabama

Division II Indoor
T&F: March 11-12,
Pittsburgh,
Kansas

Division III Indoor
T&F: March 11-12,
Winston-Salem,
North Carolina

NCAA Outdoor

Division I Outdoor
T&F East Prelim:
May 26-28,
Bloomington,
Indiana

Division I Outdoor
T&F West Prelim:
May 26-28,
Fayetteville,
Arkansas

Division I Outdoor
T&F Finals: June 8-
11, Eugene,
Oregon

Division II Outdoor
T&F: May 26-28,
Allendale, MI

Mikes Laps

A most joyous New Year to everyone. It's always great to end the year with a BANG and we were able to do that at the Annual Winter Clinic and Awards Presentation held at University of Indianapolis. Updates on the Annual Meeting in Orlando, SafeSport, Covid Protocols, Safety Issue and Officials ID Cards were presented by Dick Boyd and myself. Dick Boyd, who is also the NOC Vice Chair of the Rules, gave an outstanding presentation of the new rules and rule changes for 2022. We will post the new rules and revisions on our Association website for you to read and remember. We announced our new monthly clinic schedule to be held on the second Sunday of each month for 2022. Dick Boyd presented the January 2022 clinic at the Awards Clinic. Alf Mendel will be presenting a clinic on Horizontal Jumps in February and Mike Trego will be presenting the Junior Officials Program training in March. You will see reminders coming out from me with further information as time draws near

The second half of the day featured our Awards Presentation. 35 people attended at the University of Indianapolis and there were 15 on board for the online attendance. 58 officials received their 5 thru 40 years of service pin and certificate. The National Officials Committee recognized 15 of our officials for Outstanding Service to USATF Officiating. The officials that worked NCAA and NAIA Championships were recognized. The officials that worked USATF Championships were also recognized. Mike Trego and Dick Boyd were recognized for receiving the National Official Committee Chair Award for their efforts and leadership to strengthen USATF officiating withing their Association as well as the Country. Mike Trego was also a finalist in the NOC James Grey Award for Leadership.

The 2021 Indiana Association Official honors, as selected by their peers, went to: David Bowers Track Official for 2021 went to Larry Henning, the Keith Mitchell Field Event Official for 2021 went to Mike Trego. The Marshall Goss Outstanding Official in Indiana for 2021 went to Damon Clements. Congratulations to all.

A great time was had by all and Congratulations to all the Officials who received awards and that were recognized for their performances. Indiana Officials are alive and well and a vital part of the USATF family.

Mike

NCAA and NAIA Championships:

Congratulations to: Fred Geswein D3 XC Championship, Stu Goble D2 Outdoor Championship, Dick Boyd D2 Outdoor Championship, D3 Indoor Championship (canceled), Alf Mendel D2 Outdoor Championship Larry Henning D2 Outdoor Championship, Fred Kemm D3 Outdoor Championship, Sean Bruening D1 East

Division III Outdoor
T&F: May 26-28,
Geneva, Ohio

**NAIA
Championships**

Indoor March 3-5,
Brookings, SD
Outdoor May 25-27,
Gulf Shores, AL

**USATF
Championships**

Indoor and
Combined Indoor
Feb 26-27 Spokane,
WA

USATF Youth
National Indoor
March 18-20 Staten
Island, NY

USATF Master
Indoor March 18-20
New York, NY

USATF Outdoor and
U20 TBD

USATF Youth
Nationals June 21-
26 Jacksonville, FL

USATF Junior
Olympics July 25-31
Sacramento, CA

USATF Master s
July 28-31

Lexington, KY

**World Athletic
Championships**

Outdoor July 15-24
Eugene, OR

Quick links

[Indiana Officials](#)
[USATF National
Officials Committee](#)
[USATF Indiana](#)
[NCAA Track & Cross
Country](#)
[Best Practices](#)
[USATF Rule Book](#)
[NCAA Rule Book](#)
[Paralympic Rule Book](#)
[TFO Training](#)
[Associates](#)
[Junior Officials
Program](#)

Region, D3 Indoor Championship, (canceled) D1 XC Championship, Mike Trego D2 Outdoor Championship, Dave Fry D2 Outdoor Championship, Ted Bowers D2 Indoor Championship, Barry Poole D2 Outdoor Championship, Curtis Donley D2 Outdoor Championship

For being selected and working an NCAA Championship.

NCAA and NAIA Championships 2022

Ted Bowers D1 Indoor

Sean Bruening D3 Indoor, David Fry D3 Indoor, Dick Boyd D3 Indoor

USATF Championships:

Congratulations to: Stu Goble Toyota Indoor Championship (canceled), U20 Outdoor Championship (canceled), Mike Trego U20 Outdoor Championship (canceled), Junior Olympic XC Championship, Toyota Outdoor Championship (Olympic Trials), Dave Fry Youth Outdoor Championship, Brittany Wright Junior Olympics, Dick Boyd Junior Olympic XC Championship, Toyota Indoor Championship (canceled), Youth National Indoor Championship (canceled), U20 Outdoor Championship (canceled), Outdoor Youth Championship, Master Outdoor Championship, Junior Olympic, Alf Mendel Toyota Indoor Championship (canceled), Toyota Outdoor Championship (Olympic Trial) alternate, Larry Henning Toyota Indoor Championship (canceled)

or being selected and working USATF Championships

USATF Championships 2022:

Stu Goble Toyota Indoor Championship, Dick Boyd Toyota Indoor Championship

NOC Outstanding Service Awards:

Congratulations to: Alan Wright, Jim Edmonds, Steve Hawthorne, Kelly Helm, Larry Henning, Pat McClure, Keith Mitchell, Dick Boyd, Sean Bruening, Dave Fry, Stu Goble, Bill Hughes, Alf Mendel, John White, Paul Sargent

For their recognition by the NOC for Outstanding Service to USATF.

NOC Chair Award



Mike Trego



Dick Boyd

Indiana Track and Field HOF

Visit the Indiana Track & Field & Cross Country Hall of Fame Museum. Terre Haute. One Great Experience. Visit their website at by clicking HOF.

European Athletics Newsletter

Our colleagues in European Athletics have published a newsletter for their officials. You can see the second edition here. It provides helpful information that supplements the valuable content you find each month in our NOC Newsletter.

David Bowers Track Official of the Year



Larry Henning

Keith Mitchell Field Event Official of the Year



Mike Trego

Marshall Goss Outstanding Official of the Year



Damon Clements

USATF Indiana Years of Awards:

5 Year Awards:

Dave Brumm	Bill Burkholder	Jim Edmonds	Randy Everetts	David Joest
Fred Kemm.	John Koehler	Keith Migrant.	Don Shaffer.	James Socha
Alan Wright.	Steve Caswell.	Denny Conner.	Steve Hawthorne	John Pinter
Latisha Key.	John Lucey.	David Fry.	Pat McClure.	Vince Quinones
Paul Sargent.	Seth Ware.	Don Weaver.	Michael Aspaugh.	Curt Parrish
Barry Poole.	Mark Potzrebowski		Bill Stark	John White

10 Year Awards:

Doug Yoder.	Brandon Mathews.	Keith Migrant.	Jim Edmonds.	Dave Brumm
Mike Padfield.	Don Schaffer	John Shore.	Curtis Donley.	David Joest
Fred Kemm				

**Indiana
Track &
Field and
Smiles by
Amazon**

Help out USATF Indiana by signing up for Amazon Smiles, if you already have not signed up. The instructions can be found on the following pages.

15 Year Awards

Jason Harless David Harriman Kelly Helm Fred Geswein

20 Year Awards

Damon Clements Robert Kaufman Thomas Kuhar Jeff Mohler

25 Year Award



Mary Beth Godsey

30 Year Awards



Bruce Cook



Gary Lester



Stu Whitcomb

35 Year Awards



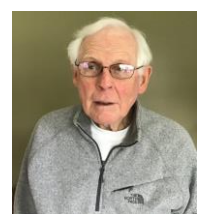
John Yantis.



Larry Henning.



Ed Stufel



Bill Farney

40 Year Awards



Alex Cartwright.



Keith Mitchell

NOC James Grey Leadership Finalist



Mike Trego

Meet Damon Clements



Damon was born in Crawfordsville, Indiana., and has been married for 43 years to his wife Robin. They have one son. Damon retired from the US Navy Submarine Service, then spent 20 years at Crawfordsville Electric Light & Power where he retired for a 2nd time when the power plant shut down. He is currently a Maintenance Technician for Crawfordsville Schools.

Damon has been a race walker for over 30 years and has won several USATF National Age Group Championships. He also runs ultramarathons although has had to cut back on those because as he says “my knee is about shot”.

Damon became a certified USATF official in April 2001 as a requirement to be a race walk judge. He started his career working mostly throws but wanted to see more of what was going on at track meets and throws are often so far away from the track... so, for the last several years he has primarily been working the LJ/TJ or working his specialty as an umpire.

Damon has worked numerous NCAA and USATF Championship, meets over his career. He is always a regular official at the Association Meets and works hard to give the athletes the best he can provide.

Training Schedule for the First Quarter

January Clinic – January 9, 2022 – Dick Boyd – Newly adopted/ Changes in the Rules of Competition for 2022

February Clinic – February 13, 2022 – Alf Mendel – Long Jump/Triple Jump Clinic

March Clinic – March 13, 2021 – Junior Official Training- Mike Trego

Great Online Video Training Opportunities by World Athletics.

World Athletics has developed a series of great training videos that we are able to access. Topics include: Verticals, Horizontals, Throws, The Start, Combined Events, The Finish, The Race, Hurdles and Steeplechase Races, Relay Races and even Carbon Emissions.

Each event has a series of mini lessons ranging from 3-5 minutes long. For example, the high jump has 11 videos taking you through setup and how to conduct a jump off. Remember some rules vary between WA, USATF, NCAA and NFHSA.

Click [here](#) to access the site. You will need to create a free account. This will give you access to the video trainings, their newsletter, and many other interesting features. Be sure to take advantage of these.

USATF Rule of the Month

The following is the article I wrote for the NOC January Newsletter. I am including it in our newsletter because not everyone receives the NOC Newsletter. This has been the new rule change that has created the most discussion during any of the rule's presentations I have given. I hope this will help clarify the rule.

Lane Infringement Changes

It is interesting to note in the latest European Athletics Officials Newsletter that 34 years ago a proposal was made to IAAF concerning touching the lane line on the curve. It has taken until 2021 to agree upon wording and a rule change for World Athletics (WA).

Previously, many lane infringement violations were under video review and some questionably overturned. Until this recent rule change, the athlete was allowed to touch the line only if jostled or obstructed. The most notable cases occurred during the recent World Indoor Championships as well as the Olympics.

The decision was made by the USATF Rules Committee to follow the new WA rule. In adopting the amendments to USATF Rule 163.5, the committee felt it was serving the interests of the athletes, coaches, and fans when a World Athletics event was being administered. Some editorial changes and an exception for youth were written into the rule. The rule is as follows:

Amend Rule 163.5

Each competitor must keep in the lanes outside the line or curb marking the inside of the track, including the curved part of the diversion from the track for the steeplechase water jump. In races run entirely in lanes, each competitor must keep in the allotted lane from start to finish. In races run partially in lanes, each competitor must keep in the allotted lane from the start to the marked cut-in points. Unless a material advantage has been gained or the athlete is in violation of Rule 163.4, a competitor shall not be disqualified if he or she:

- (a) Is pushed or forced by another competitor or object to step out of the lane, or
- (b) Steps or runs out of the lane on the straightaway, or
- (c) Steps or runs outside of the outer lane line on the curve, or on any straight part of the diversion from the track for the steeplechase water jump, or
- (d) In all races run in lanes, touches once the line on their left, or the curb or line marking the applicable inside border on a bend, or
- (e) In all races (or any part of races) not run in lanes, steps once on or completely over the curb or line marking the applicable inside border on a bend.
- (f) In races with multiple rounds, the infringement defined in Rule 163.5(d) or Rule 163.5(e) may be made only once during all rounds of an event by a particular competitor without disqualification of the competitor. A second infringement shall result in the disqualification of that competitor whether it was made in the same round or in another round of the same event.

NOTE 1: For Youth Athletics, violations are only determined within each round of an event.

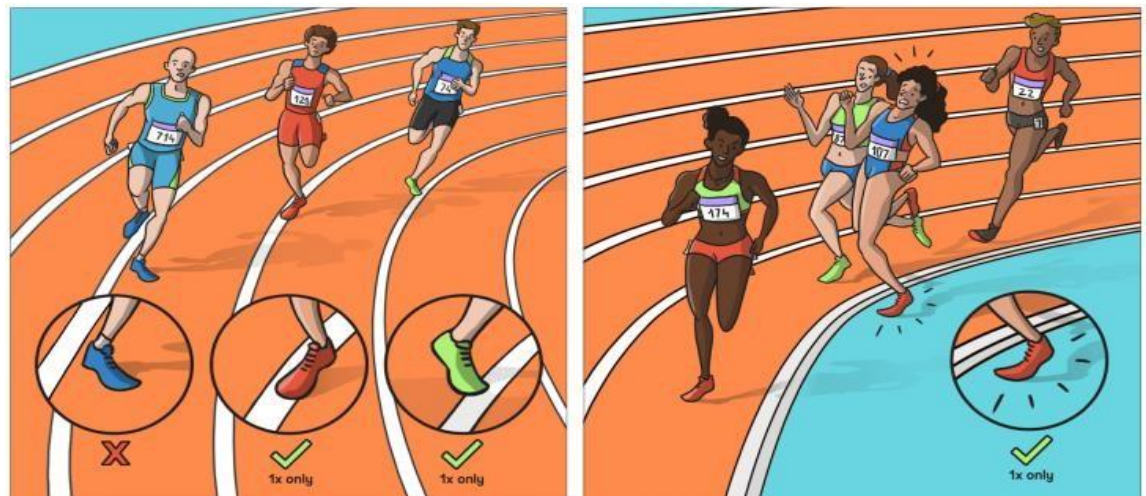
(g) In the case of Relay Races, any second step by a competitor who is a member of a team, regardless of whether committed by the same or different competitor, shall result in the disqualification of the team whether it happened in the same round or in different rounds of the same event.

NOTE 2: For Youth Athletics, violations are only determined within each round of an event.

Excluding the above exceptions, the Referee shall disqualify a competitor if material advantage is gained.

NOTE 3: Material advantage includes improving position by any means, including exiting from a 'boxed' position in the race by having stepped or run inside the inside edge of the track.

NOTE 4: Where a race is started in lanes and then continues not using separate lanes, this Rule applies accordingly to each such part of the race.



This illustration shows a few of the allowed one-time lane infringements (check marks). Courtesy European Athletics Officials Newsletter and World Athletics

So, what is this amended rule saying?

If an athlete touches the inside line with any part of their foot or shoe, they are not immediately disqualified in events up to and including the 400 and any leg of the relay run entirely in lanes. Even if 97% of the foot is over the line, yet still touches the line, it would not result in a disqualification. The athlete would likely be disqualified if the shoe is completely over the line.

An athlete is not allowed to touch the line more than one time in an event. If they do so, this may result in a disqualification. If there are multiple rounds and any time during the completion of the event a line is touched by the athlete a second time, a disqualification may result. An example would be in the preliminary round in the 400 an athlete touches the line on the curve. Then in the finals, the same athlete touches the line on the curve, this could result in a disqualification. In a relay, if the lead leg of the 4 x 100 touches the line on the curve and then the anchor touches a line on the curve, this could result in a team disqualification. Another relay example would be if in round one, the second leg runner touches the line. In the next round, the second leg runner (a different athlete) also touches the line, this could result in a team disqualification.

The youth exception is the touching of the line does not carry over to a subsequent round.

Tracking these lane touches has not yet been worked out. However, we understand that athletes would need to be notified when they have a mark against them. The letter "L" will be used for a Lane Infringement in WA events. The affected documents would be the results of the rounds, summaries, and start-lists.

In the case of a record being set during a round, if an athlete, or relay team, touches a line one time, the record would be upheld. If the record happens in a round in which a second touching occurs, the record would not be ratified.

NCAA Rule of the Month

Rule 6.1 b. For the purpose of this rule, the following shall not be considered assistance, and therefore allowed:

- 1) Communication between competitors and their coaches within designated areas.
- 2) Viewing by athletes competing in field events of images of previous trial(s), recorded on their behalf by persons not placed in the competition area. The viewing device or images taken from it shall not be taken into the competition area.
Note: Meet management shall identify an area for video viewing that does not interfere with the ongoing competition.
- 3) In meets involving five or fewer teams, meet management may allow coaches onto the field of competition to confer with event competitors while not in an attempt.
- 4) Crossing the track to confer with an athlete's coach before the scheduled start time of the first track event not part of a Combined Event.
- 5) Crossing the track, under the supervision of an official, to confer with an athlete's coach after the scheduled start time of the first track event not part of a Combined Event.
- 6) Medical examination/treatment deemed necessary, within the competition area, to

enable a competitor to participate or continue participation without assistance. Such examination/treatment shall be administered by those authorized by the games committee for such purpose, including team medical personnel, and may occur outside the competition area. Such intervention shall not delay the conduct of the event or a competitor's trial in a designated order.

7) Any kind of verifiable open wound protection or personal safeguard that does not provide a direct aid in the specific execution of the event (that is, torso belt, wrist band, shoe strap).

Note: See Rules 8-1.5b and 8-3.5c for permissible substance use to promote a better grip.

Electronic Devices ARTICLE 2. During competition, only coaches may use smart phones and portable computers (e.g., iPads, tablets, etc.) for purposes of video review in field events and for timing in running events. Coaches, athletes, competitors and officials shall not use video or audio communication devices [e.g., radio transmitters or receivers, mobile phones, smart watches, computers, unmanned aerial systems (e.g., drones) or any similar devices in the competition area] except as authorized by the games committee for meet administration.

NFHS Rule of the Month

4-3-1b5: Clarifies that garments with logos completely around the waistband on uniform bottoms are legal.

Rationale: The change would minimize issues related to logo/trademark reference on uniform bottoms. In the sport of track and field uniform bottoms are increasingly being purchased by the athlete and not school issued. It is becoming more difficult to purchase some garments without the logo completely around the waistband. Allowing larger logos around the waistband has no bearing or impact on the race or event.

How About Some Trivia

1. How many gold medals did Carl Lewis win in the 1984 Olympic Games?
2. What was the world record for the men's 100 metres in mid-2001?
3. The second event on day one of the decathlon is the long jump. What did the athletes in this original sport have to once carry in each hand while jumping?
4. "I am a discus thrower who represents Estonia. I won the gold medal at the 2008 Summer Olympics in Beijing and was World Champion in 2007 in Osaka. What is my name?"

Scroll down for the answers.

1. **Answer: 4**

100m, 200m, Long Jump and 4x100m relay.

2. **Answer: 9.79 secs**

Maurice Greene, the first man to break the 9.80 second barrier.

3. **Answer: A ten pound weight**

The long jump is the only original jumping sport played today that was also played way back in the ancient Olympics as well. Based on training for warfare, the purpose of the long jump was to enable soldiers to jump streams and other obstacles. Because they carried weapons whilst doing so, this was emulated in the ancient sport with competitors having to carry a weight of approximately 10 pounds in each hand, and swing their arms through with the jump. Far from being cruel, however, those weights gave athletes the ability to jump further.

4. **Answer: Gerd Kanter**

Gerd Kanter was born on May 6th 1979 in Tallinn, Estonia. He was the 2007 World Champion in Osaka, defeating Robert Harting of Germany (silver) and Rutger Smith of the Netherlands (bronze). A year later Kanter won the gold medal at the 2008 Summer Olympics in Beijing, the first Estonian athlete achieving this. His fellow Estonian Aleksander Tammert had previously won the bronze medal at the 2004 Summer Olympics in Athens.

Kanter also qualified for the 2012 London Summer Olympics. He won the bronze medal. In 2012 and 2013 he also won the Diamond League, a series of fourteen events in track and field.