

Up Coming



february 2023.docx

National Meets

- USATF Toyota Indoor Championships-** Albuquerque, NM- Feb 16-18
- NAIA Indoor Championships-** Brookings, SD- March 2-4
- USATF Indiana Master Indoor Championships-** Indianapolis-March 5
- NCAA Division I Indoor Championships-** Albuquerque, NM- March 10-11
- NCAA Division II Indoor-Virginia Beach-**10-11
- Championships-NCAA Division III Indoor Championships-** Birmingham, AL- March 10-11
- USATF Master Indoor Championships-** Louisville, KY- March 10-12
- USATF Youth Indoor Championships-**

**Mikes Laps** – Jam-packed newsletter this time so I will keep the laps to the 400m rather than the 3000m, that I usually do. We are off and running and almost in the middle of the indoor season. Last weekend (February 5, 2023) we had our annual Awards and Clinic presentation at U of Indy. Names of All of the awards presented in this newsletter.

Reminder to check your profiles on Connect 80 to help you plan and maintain your USATF membership, background check, and SafeSport. This is not only important for all of us to keep abreast, but also if you have been selected for USATF major meets (and even some NCAA or NAIA meets) your credentials need to be maintained. Let me know if you have any problems.

Have a GREAT rest of the indoor season and hone your skills as best you can.

**New Official's Clinic**

On January 22<sup>nd</sup> USATF Indiana in partnership with Indiana State University a new official's clinic was held at ISU. Twenty-three prospective new officials attended this event. Several of these individuals have completed certification requirements and are not USATF certified officials. Paul Sargent was the catalyst and organizer of this great event. Clinicians were Mike Trego, certification, Curt Donley, starting and running events, Stu Goble, throws, Alf Mendel, horizontals and Dick Boyd, Philosophy and verticals.

A huge thank-you goes out to Indiana State University and their coaching staff for the role they played in the success of this event.



**Long Sleeve Shirt Added to Officials Store**

At the Annual Meeting in December it was approved to have a navy blue long sleeve shirt added to the official uniform. This now can be purchases in the

Louisville, KY-  
March 17-19  
**Hoosier State  
Relays-**  
Bloomington-March  
25  
**NAIA Outdoor  
Championships-**  
Marion, IN-May 24-  
26  
**NCAA Division I  
East Regionals-**  
Jacksonville, FL-  
May 24-27  
**NCAA Division I  
West Regionals-**  
Sacramento, CA-  
May 24-27  
**NCAA Division II  
Outdoor  
Championships-**  
Pueblo, CO-May  
25-27  
**NCAA Division III  
Outdoor  
Championships-**  
Rochester, NY-May  
25-27  
**IHSAA Track &  
Field  
Championships-**  
Bloomington, IN-  
June 2-3  
**NCAA Division I  
Outdoor  
Championships-**  
Austin, TX-June 7-  
10  
**USATF Indiana  
Association Meet-**  
TBA-June 16-17  
**USATF Youth  
Outdoor**

Officials Store. Remember not to include the Association name on it, if your plans are to use it at a National Championship. An official rain jacket is close to be approved and will also be in the USATF Officials Store.



The officials store can be found [here](#).

## To Purchase a USATF Rule Book



The new rulebook will be ready to purchase at the end of the month. Officials will again receive a discount. However, be sure to order with others to save on shipping costs. Stay tuned for the link to where to purchase and the code to use for your discount.

You can download the 2023 rulebook [here](#).

## Official's Awards and Clinic were held February 5 at University of Indianapolis

Recognition was given to those who reached the different service plateaus. Those officials are: 5 Year Service Pins: Rodney King, Holly McCammack, Jayson McCammack, Anietra Gray, Thomas Derrico. 10 Year Pins: William Burkholder, Randy Everetts, Jane Klutzke, Courtney Mathews, Alf Mendel, Alan Wright. 15 Year Service Pins: Ben Chisman, Randy Stafford. 20 Year Service Pin: Kelly Helm. Thank-you for your service to the Indiana Association.

## Dave Bowers, Keith Mitchel and Marshal Goss Awards



David Bowers Award for the Outstanding Track Official in Indiana during the 2022 season. The recipient of the Dave Bowers Track Official Award has been officiating for 30 years, 20 of them have been with track and field. He has done countless NCAA conference championships, Indoor, Outdoor and Cross Country as well as Indiana Association meets and USATF Youth and Master meets. He has served on the USATF Indiana Board of Directors. Congratulations Sean Bruening.

**Championships-**  
Geneva Ohio-June  
26-July 1

**USATF Toyota**  
**Outdoor**  
**Championships-**  
Eugene, OR-July 6-  
9

**USATF Region 7**  
**Meet-TBA-July 6-9**

**USATF Master**  
**Outdoor**  
**Championships-**  
Greensboro, NC-  
July 20-23

**USA National**  
**Throws**

**Championship-**  
Lisle, IL-August 5-6

**USATF Junior**  
**Olympics-Eugene,**  
OR-July 24-30

*Quick links*

- [Indiana Officials](#)
- [USATF National Officials Committee](#)
- [USATF Indiana](#)
- [NCAA Track & Cross Country](#)
- [Best Practices](#)
- [USATF Rule Book](#)
- [NCAA Rule Book](#)
- [Paralympic Rule Book](#)
- [TFO Training Associates](#)
- [Junior Officials Program](#)

**Indiana Track and Field HOF**

Visit the Indiana Track & Field & Cross Country Hall of Fame Museum. Terre Haute. One Great Experience.

Keith Mitchell Award for the Outstanding Field Official in Indiana for the 2022 season. The recipient of the Keith Mitchell Award has been officiating since 2017 for USATF Track and Field. He has officiated not only in Indiana but has traveled the working NCAA, USATF Youth and Master meets across the country. He also is currently serving on the USATF Indiana Board of Directors. Congratulations David Fry.



The Marshall Goss Outstanding Official in Indiana for the 2022 season. The recipient of the Marshall Goss Outstanding Official Award for 2022 has been officiating since 2010. He has worked numerous NAIA, NCAA conference and national championships. Traveling the country to officiate USATF Indoor and Outdoor Championships. He is currently severing on and has been a long time member of the USATF Indiana Board of Directors. Congratulations Stu Goble.

**USATF NOC Outstanding Service Awards:**

USATF NOC Outstanding Service Award: These awards are presented in recognition of Outstanding contributions to the Indiana Association of USATF in the area of Track and Field Officiating. Receiving this award from the NOC are: Mitchell Goon, Rich Leonard, Lawrence O’Neal, and Randy Stafford. Congratulations.

**Officials Honored at the USATF Annual Meeting**

At the NOC Official’s Banquet a couple of Indiana officials received awards presented by the NOC.



Congratulations to Mike Trego for being honored with the James Grey Award by the NOC. The James Grey Award is presented by the recognition of peers for excellence and achievements by an individual who by providing the leadership, setting the example, and going out of his/her way to help in the development of others in the USATF Officials organization.

Visit their website at by clicking HOF.

### European Athletics Newsletter

Our colleagues in European Athletics have published a newsletter for their officials. You can see the second edition here. It provides helpful information that supplements the valuable content you find each month in our NOC Newsletter.

Do you receive the USATF NOC Newsletter? If not subscribe [here](#).

Matt Merrill found a USATF Indiana Rain Jacket (L) and an XL Red Polo Shirt in his shop that he has left with us. The shirt is \$25.00 and the rain jacket is \$60.00. Both are new. If you are interested contact Dick Boyd @usatfindianaboyd@gmail.com

Congratulations also to Dick Boyd as he was selected as a finalist for the Horace Crowe Award. The Horace Crowe Award is given annually to an outstanding field event official who has given of them self for years, across the country, at all levels of officiating in the various field event venues.



## Officials Selected for National Championship Meets

Congratulations go out to the following officials for being selected to National Championship Meets. All selections have not been made. These selections will be listed in the next newsletter. Also, if we missed someone please let us know and these will be included in the next newsletter as well.

- Dick Boyd:** USATF Indoor Championships, NAIA Indoor Championships, NAIA Outdoor Championships, USATF Youth Indoor Championships, USATF Master Indoor Championships, USATF Master Outdoor Championships, Nike Outdoor Championships, Senior Games, USATF Youth National Outdoor, USATF Junior Olympics, Oklahoma City Endeavor Games
- Sean Bruening:** NCAA D1 East, USATF Youth USATF Indoor Championships, USATF Master Indoor Championships, Nike Indoor Championships
- David Brum:** NAIA Outdoor Championships
- Damon Clements:** NAIA Outdoor Championships
- Tom Derrico:** NAIA Outdoor Championships
- Jim Edmonds:** NAIA Outdoor Championships
- Bob Flott:** JUCCO Indoor Championships, NCAA D1 East
- David Fry:** NAIA Indoor Championships, NAIA Outdoor Championships, USATF Youth Indoor Championship
- Stu Goble:** USATF Master Indoor Championships, USATF Youth Indoor Championships, USATF Outdoor & U20 Championships, USATF Master Ultra Throws
- Mitch Goon:** NAIA Outdoor Championships
- David Harriman:** NAIA Outdoor Championships
- Steve Hawthorne:** NAIA Outdoor Championships
- Kelly Helm:** NAIA Outdoor Championships
- Larry Henning:** NAIA Outdoor Championships
- Fred Kem:** NAIA Outdoor Championships
- Tammy Luckey:** NAIA Outdoor Championships
- Holly McCammack:** NAIA Outdoor Championships
- Jayson McCammack:** NAIA Outdoor Championships
- Patt McClure:** NAIA Outdoor Championships
- Kim McDonald:** NAIA Outdoor Championships

**Lawrence O’Neal:** NAIA Outdoor Championships

**Mike Padfield:** NAIA Outdoor Championship

**Barry Poole:** NAIA Outdoor Championships

**Jimmy Swartz:** NAIA Outdoor Championships

**Mike Trego:** USATF Master Indoor Championships, USATF Youth Indoor Championships, USATF Outdoor & U20 Championships, USATF Master Ultra Throws, NAIA Outdoor Championships

## New Training Videos Being Planned

National Federation of High School Athletics, USATF and Gill have agreed to work together to create a series of short training videos directed to officials and volunteers to help them understand how to officiate a to aid officials and volunteers how to officiate track and field events. An emphasis will be placed on having a safe venue. These videos will be made at the Gill headquarters or venues nearby. Jamero Rainey Certification Chair in Illinois and Julie Cochran from the National Federation of High School Athletics have been making plans for a successful completion of this project. Jamero stated he would like to see officials from Illinois and Indiana be used in the production. He said with the relationship that has been built between the two associations and the proximity this made sense. Gill will be creating the script as well as supplying the equipment. Since UCS is the official sponsor of USATF, the USATF legal team was asked to be involved. After considering the project USATF legal has okayed this production since.



## Great Online Video Training Opportunities by World Athletics.

World Athletics has developed a series of great training videos that we are able to access. Topics include: Verticals, Horizontals, Throws, The Start, Combined Events, The Finish, The Race, Hurdles and Steeplechase Races, Relay Races and even Carbon Emissions.

Each event has a series of mini lessons ranging from 3-5 minutes long. For example, the high jump has 11 videos taking you through setup and how to conduct a jump off. Remember some rules vary between WA, USATF, NCAA and NFHSA.

Click [here](#) to access the site. You will need to create a free account. This will give you access to the video trainings, their newsletter, and many other interesting features. Be sure to take advantage of these.

## Have You Mentored Anyone Lately

Look what one person has done. Keith Mitchell has mentored many people throughout Indiana and the country. This is a small sampling of officials that Keith has influenced. This is a small sampling of officials from the official's clinic just recently held. All of these people called Keith their mentor. Will you follow in Keith's footsteps?



## USATF Rule of the Month

### Rule 162.5

5. Except for time handicap races, all running and walking events shall be started by the sound of an approved starting device. The starting device should be held to provide a background against which the flash is clearly discernible.
- (a) Where a pistol is used, it should be of not less than .32 caliber, with black powder shells giving a distinct flash/smoke, except in indoor competition, where a minimum of .22 caliber pistol may be used.
  - (b) When an electronic tone is used, it shall be of suitable loudness (>90dB at 15 feet) and shall simultaneously activate a flash/strobe.
  - (c) In time handicap races, the start command "Go" may be used.

## NCAA/NAIA Rule of the Month

### Rule 8.1.e chart

**Time in Minutes for Initiating Attempts in Field Events**

Event	Event Type	Athletes remaining in the competition at the start of a bar height or round <sup>1</sup>			Consecutive Attempts	First attempt of a competitor in the competition
		More Than 3	2 or 3	1		
High Jump	Individual	1	1.5	3	2 <sup>2</sup>	1
	Combined	1	1.5	2	2	1
Pole Vault	Individual	1	2	5	3 <sup>2</sup>	1
	Combined	1	2	3	3	1
Throws & Horizontal Jumps	All	1	1	1	2	1

## National Federation Rule of the Month

### Rule 3.4

Art. 3... The referee has the sole authority to determine if a race shall be rerun, and if so, who is eligible to participate in the rerun and when it should be scheduled.

NOTE: Refer to NFHS rules 5-9-2 and 5-9-3 for interference guidelines.

1. Determine if a rerun is necessary:

NOTES:

2. Acknowledge that a race rerun will rarely, if ever, be fair to everyone and should be avoided if at all possible.
3. To consider a rerun, one of the following must apply:
4. Interference by another competitor resulting in disqualification;
5. Interference caused by a non participant; or
6. A meet administration error, i.e., wrong staggers, hurdle setting, officials' instructions, etc.
7. Reruns should be considered only in races or relays with individual legs of 400 meters or less for a one-day meet. A competitor who is eligible and elects to participate in the rerun wipes out any performance, including place, time or record, in the original race.
8. Any disqualification that occurred in the original race would stand.

## How About Some Trivia

1. What was the length of the track at the first Olympic race in Greece in 776 B.C.
2. The first modern college track meet was held in England. Between what 2 colleges?
3. The Olympic 100-meter race determines who is the “fastest on earth.” Who won with a time of 9.81 seconds in the 2016 Rio Olympics?
4. Usain Bolt earned how many gold medals in the 100 meter dash?
5. What event was originate in Ireland that was meant to mimic horse racing?

Scroll down for the answers.



1. The track was 600 feet long, vastly different from today's standard track of 400 meters (approx. 1312 feet).
2. between Oxford and Cambridge
3. Usain Bolt and owns the all-time record with a time of 9.58 seconds.
4. He became the first man ever to win three consecutive gold medals in the 100-meter race.
5. The steeple chase. This 3,000-meter obstacle course-style race is meant to mimic horse racing. In the original race, horses and riders raced from one town's steeple to the next. This was then modified to the modern race, where athletes run 3,000 meters around a track while clearing 28 barriers and seven water jumps.



# Official News

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