

**2022 USATF Region 7 Junior Olympic
T&F Championships**

July 7-10, 2022
Wabash College
Crawfordsville, IN

Combined Events Schedule

Thursday, July 7

8:30am: Heptathlon	9:30 am: Pentathlon	10:00 am: Decathlon
15-18 (G)	13-14 (B/G)	15-18 (B)
100	100	100
H	H	LJ
HJ	SP	SP
SP	HJ	HJ
200	LJ	400
	800/1500 (YG/ YB)	

Friday, July 8

8:30 am: Heptathlon	9:30 Pentathlon	10:00am: Decathlon	11:00am: Triathlon
15-18 (G)	11-12 (B/G)	15-18 (B)	9-10 (B/G)
LJ	80	110H	SP
JT	H	DT	HJ
800	SP	PV	200/400
	HJ	JT	
	LJ	1500	
	800/1500		

- **Combined Events Registration:** Registration/entry for combined events is at the following site: <https://www.athletic.net/TrackAndField/meet/467664/register>. The deadline is Monday, July 4th, at 10:00 pm. Day of meet registration will not be allowed.
- **Timing:** There will be a 30 minute recovery period between each event.
- **Fees:** Triathlon (9-10 \$17), Heptathlon (15-18 \$22), Pentathlon (11-14...\$17) and Decathlon (15-18\$22).
- **Current USATF Membership with date of birth confirmation with USATF is required.**

2022 Region 7 Track & Field Events Schedule

The Hammer Throw (ages 15-18, girls then boys). The start time is 3:00 pm on Friday, July 8, 2022.

Saturday, July 9		Sunday, July 10	
Running Events (8:30am)	Field Events (8:30 am)	Running Events (8:30am)	Field Events (8:30am)
3000 (F)	Triple Jump (All)	Steeplechase (F)	LJ (11-18)
100 (P)	Pole Vault (Boys)	110/100/80H (P)	High Jump (Boys)
200H (F)	High Jump (Girls)	Race Walks (F)	Shot Put (Girls)
400H (F)	Discus (Girls)	80/100/110H (F)	Discus (Boys)
800 (F)	Field Events (12:30 pm)	400 (F)	Pole Vault (Girls)
100 (F)	Javelin (Girls)	1500 (F)	Field Events (12:30pm)
4x800 (F)	LJ (10&Under))	200 (F)	Javelin (Boys)
4x100 (F)	Shot Put (Boys)	4x400 (F)	

- **Event Registration:** The registration deadline is Monday, July 4, 2021, at 11:00 pm. Late entries will not be accepted.
 Running/Walking & Field events - [click here to register](#)
 Combined Events - [click here to register](#)
- **Fees:** Individual events are \$9.00 each. Relays are \$36.00.
- **Packet Pickup:** Daily at 7:00 a.m. thru Sunday, July 11th, at the track. Please allow enough time for pickup before each event.
- **Admissions:** The admission fee is \$10 per day for Saturday and Sunday or \$15 for both days. An admission fee is not charged for Thursday and Friday. Children 18 & under are free. Only coaches whose names appear on the Coaches Registry are admitted free.
- **Starting Heights:** To be determined by the field judge for each age division at each event.
- **Medical:** Medical trainers will be on site and available where needed.
- **T-Shirts:** Fine Designs will sell "Region 7 Youth Championship" t-shirts.
- **Awards:** Medals will be awarded to the Top 5 in each event
- **Athletes 10 & Under:** must be picked up by a parent or coach after each competition. They will be held in the hiping and clerking area.
- **Tents** may be located on the grass on the northwest and west sides of the track. Tents may also be placed in the top 10 rows of the bleachers not higher than the press box windows. This venue has significant under cover area below the bleachers. There will also be designated tent areas near the throwing venues to the South of the track. All throws will be conducted outside the stadium.
- **Additional Information/Contacts:**
 - Richard Leonard, Indiana Youth Chair, youth@indiana.usatf.org
 - Brenda Kimbrough, Regional Coordinator, bbkimbrough@gmail.com
- **National Jr. Olympics Qualification:** The USATF National Junior Olympic Championships, will be contested July 25 - 31, in Sacramento, California. The top **8** in each individual and relay event/age group qualify for nationals. The top 2 in each combined event plus those meeting the qualifying standards progress to nationals. Please check to make sure you have achieved the standards before attempting to register for the national meet.

Combined Event Performance Standards

Age Group	Event	Standard	Age Group	Event	Standard
9-10 Boys	Triathlon	597	9-10 Girls	Triathlon	930
11-12 Boys	Pentathlon	2041	11-12 Girls	Pentathlon	2294
13-14 Boys	Pentathlon	2527	13-14 Girls	Pentathlon	2709
15-16 Boys	Decathlon	4986	15-16 Girls	Heptathlon	3907
17-18 Men	Decathlon	5579	17-18 Women	Heptathlon	4271