Friday, June 16,	2023		
Time	Event	Divisions	Round
TRACK EVENTS	Lveiit	DIVISIONS	noulla
3:00 PM EDT	1500m Race Walk	9-10, 11-12 (boys then girls)	finals
rolling schedule	1300111 Nace Walk	groups may be combined	IIIIais
thereafter		groups may be combined	
	3000m Race Walk	13-14, 15-16, 17-18 (boys then girls)	finals
		groups may be combined	
	200m Hurdles	13-14 (boys then girls)	finals
	400m Hurdles	15-16, 17-18 (boys then girls)	finals
	2000m Steeplechase	13-14, 15-16, 17-18	finals
	4x800m Relay	11-12, 13-14, 15-16, 17-18 (boys then girls)	finals
		groups may be combined	
FIELD EVENTS			
1:30 PM EDT	Hammer Throw	15-16, 17-18 (girls then boys)	finals
3:00 PM EDT	Triple Jump	13-14, 15-16, 17-18 (girls then boys)	finals
3:00 PM EDT	Javelin Throw	13-14, 15-16 girls, 17-18 girls, 15-16 boys, 17-18 boys	finals
3:00 PM EDT	Pole Vault	13-14, 15-16, 17-18 (boys)	finals
5:00 PM EDT	Pole Vault	13-14, 15-16, 17-18 (girls)	finals
Saturday, June 1		, , ,	
Time	Event	Divisions	Round
TRACK EVENTS			
9:30 AM EDT		11-12, 13-14, 15-16, 17-18	
rolling schedule thereafter	3000m		finals
		(boys then girls)	
	80m/100m/110m Hurdles	11-12, 13-14, 15-16, 17-18	trials
	100m	all age divisions	
		(boys then girls by age group, youngest to oldest to	trials
		include Para)	
	800m	all age divisions	finala
		(boys then girls by age group, youngest to oldest)	finals
	100m	all age divisions	£: I -
		(boys then girls by age group, youngest to oldest)	finals
	80m/100m/110m Hurdles	11-12, 13-14, 15-16, 17-18	finals
	4x100m Relay	all age divisions	
		(boys then girls by age group, youngest to oldest)	finals
	400m	all age divisions	
		(boys then girls by age group, youngest to oldest to	finals
		include Para)	······································
	1500m	all age divisions	
	1000111	(boys then girls by age group, youngest to oldest to	finals
		include Para)	IIIIais
	50m	pee wee fun run	
	30111	(6 and under, parents welcome to run with kids)	finals
	200m	all age divisions	
	200111		timed finals
	4×400m Polov	(boys then girls by age group, youngest to oldest) all age divisions	
	4x400m Relay		finals
FIELD EVENTS		(boys then girls by age group, youngest to oldest)	
FIELD EVENTS	Long lump	0.0 Lindox 0.10.11.10.10.14.15.10.17.10./~::-\	finels
8:30 AM EDT	Long Jump	8 & Under, 9-10, 11-12, 13-14, 15-16, 17-18 (girls)	finals
9:30 AM EDT	High Jump	9-10, 11-12, 13-14, 15-16, 17-18 (boys)	finals
9:30 AM EDT	Shot Put	8 & Under, 9-10, 11-12, 13-14, 15-16, 17-18 (girls)	finals
9:30 AM EDT	Discus Throw	11-12, 13-14, 15-16, 17-18 (boys)	finals
12:00 PM EDT	Para Shot Put	All ages and categories	finals
12:30 PM EDT	Long Jump	8 & Under, 9-10, 11-12, 13-14, 15-16, 17-18 (boys)	finals
1:30 PM EDT	Discus Throw	11-12, 13-14, 15-16, 17-18 (girls)	finals
1:30 PM EDT	High Jump	9-10, 11-12, 13-14, 15-16, 17-18 (girls)	finals
1:30 PM EDT	Shot Put	8 & Under, 9-10, 11-12, 13-14, 15-16, 17-18 (boys)	finals
1:30 PM EDT	Mini Javelin Throw (In Stadiu	m) 8 & Under, 9-10, 11-12 (boys then girls)	finals