

# OFFICIAL NEWS

Volume 2 Issue 1



## Mike's Laps-

**Happy New Indoor-Track Season!** By this time your schedule is probably getting pretty filled-up for January, February and March. Don't forget to fill-in your **February 16, 2019** date with the USATF Midwest Region Masters and Association Open & Masters indoor meet at Purdue Ft. Wayne. I'll be sending out a "up" and re-up notice for to respond to this week. Also, be sure to put these dates on your summer schedule: **June 15-16** for the Junior Olympics at Ball State and on **June 22, 2019** for the USATFIN Indiana Open/Master also at Ball State.

You are, also, invited to the USATF Indiana Awards Recognition Night at Ben Davis Freshman Campus on February 16<sup>th</sup>. Age group athletes are recognized this night for their accomplishments with dinner and awards. Click [here](#) for more info.

Many new things happening this year on the local, state, and national level with USATF. Keep informed by reading our newsletter and the USATF National Officials Newsletter. Have a great Indoor season and be the professional, safety-conscious, high-level functioning official that makes us all proud. Continue to mentor to all officials and build your legacy.

### Dates to Remember:

February 10 Board of Directors Meeting  
Noon  
February 16 USATF Midwest Region  
Masters and Association Open & Masters  
Indoor 11:00 am Purdue Fort Wayne  
February 16 USATF Indiana Awards  
Ceremony 7:00 pm at Ben Davis Freshman  
Center  
June 15-16 Indiana JO at Ball State  
June 22 Indiana Open/Master at Ball State

### Rule of the Month: Differences in Passing Zones

#### High School:

Incoming legs 200m or less (4x100, 4x200, etc.)

1. Baton must be exchanged completely inside 20m passing zone (large triangles); position of baton is what counts.
2. While awaiting pass, outgoing runner must stand within 20m passing zone or 10m acceleration zone
3. Dropped baton can be picked up by either runner inside 20m passing zone
4. Baton dropped elsewhere must be picked up by runner who dropped it
5. Material, number, and position of check marks are determined by the Games Committee (3-2-3h, 3-2-4b)

#### Incoming legs greater than 200m (4x400, Distance Medley Relay, etc.)

1. Baton must be exchanged completely inside the 20m passing zone (large triangles or sometimes straight blue lines)
2. Outgoing runner must be positioned completely inside the 20m passing zone before he/she can start running. Position of the feet is what counts. One foot outside the passing zone is a DQ.
3. With the help of officials, runners line up in position order (i.e. first place gets lane 1, 2<sup>nd</sup> place lane 2, etc.)
4. No check marks are allowed

--Do you work track meets at different levels and sometimes wonder if a certain rule is a high school, NCAA or USATF rule? Would you like to know who uses a 30m passing zone, has strict restrictions on visible undergarments, does not allow the use of GPS watches, or has a 30-second time limit for field events?

---Do you sometimes need to look up a rule quickly?

---Do you hate to carry around four rulebooks and find that some contain very poor indexes? Continued on page 2

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## Links:

Indiana Officials [Web site:](#)

USATF [Indiana Gear:](#)

[USATF.org](#)

[Indiana.usatf.org](#)

[NCAA.org/playing-rules](#)

[Best Practices](#)

[USATF Rule Book](#)

[NCAA Rule Book](#)

[Paralympic Rule Book](#)



Long Sleeve Polo

\$29.00

## USATF Indiana Gear

New Gear is being introduced. Hats, Coats,

Long Sleeve Shirts, etc. Check it out at: [USATF](#)

[Indiana Gear](#)

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2019 Track & Field Rule Book Differences—by Jim Hanley

The 2019 Edition is in stock and ready to ship. It has over 300 changes from the 2018 edition, an indoor hurdles chart, implements charts, time limits, and tie-breaking section on a single page. A great tool to have in your backpack. Cost is \$12.00 plus \$3.00 shipping. Six or more orders to the same address you will have free shipping.

Order on-line at: [jim.hanley.cc](http://jim.hanley.cc)

Don't forget to check your USATF membership renewal and background check. This can be done at [USATF.org](#) in your profile.

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## USATF, NCAA, & IAAF Passing Zones 2019 Season Incoming legs 200m or less (4x100, 4x200, etc.)

1. Baton must be exchanged completely inside 30m Passing Zone (large triangles above\*); position of baton is what counts. If both runners touch baton outside of the zone, it is a DQ.
2. While awaiting pass, outgoing runner must stand completely within 30m Passing Zone; position of feet is what counts.
3. Dropped baton must be picked up by person who dropped it (IAAF & USATF) but NCAA allows either runner to pick it up if it is dropped within the Passing Zone (5-8-5)
4. When leg is run in lanes, one check mark of tape 0.05m (2 inches) x 0.40m (15 3/4 inches) may be used (IAAF, USATF); NCAA allows two pieces of tape (2 inches wide & no longer than lane width) and Thumb tacks to hold it down if necessary.
5. Tape is placed in the outgoing runner's lane anywhere on the track, even before the Passing Zone.
6. Remember that there are no more 10m acceleration zones in any NCAA, USATF or IAAF relay.
7. Beware of large triangles at the beginning of the high school & NCAA 20m passing zone. On NCAA tracks marked like this, you should use the small triangle as the beginning of the new 30m USATF Passing Zone.
8. All lines, boxes or triangles denoting limits of a Passing Zone are within the zone.

\*Note that on properly marked international tracks, the large triangles above should look like this for zone entrance and like this for end of zone.

If the international marks confuse you, think of triangles painted by a stingy Painter

## Incoming legs greater than 200m (4x400, Distance Medley Relay, etc.)

1. Baton must be exchanged completely inside the 20m passing zone (large triangles or straight blue lines). The position of the baton is what counts, not the hands or feet.
2. It is a DQ if both runners simultaneously touch baton outside the zone
3. Outgoing runner must be positioned completely inside the 20m passing zone before he/she can start running. Position of the feet is what counts. One foot outside the passing zone is a DQ.
4. No check marks or objects on or alongside track are allowed
5. With the help of officials, runners line up in position order (i.e. first place gets lane 1, 2nd place lane 2, etc.)
6. Outgoing runners may not change positions on the line after their teammates enter the final bend (IAAF 170-20) or a point 200m from the end of their leg (USATF 170-13). NCAA outgoing runners may not change positions after their teammates enter the straight before the pass (NCAA 5-8-4).